

MEDTRACK - VACCINATION RECOMMENDATIONS

Vaccinations must be kept up to date at all times in your own interest.

Tetanus	Recommended for everyone
Polio	Recommended for everyone
Hepatitis B	Recommended for everyone
Hepatitis A	Recommended for personnel travelling/ assigned overseas
Typhoid	Recommended for personnel travelling/ assigned overseas
Yellow Fever	Mandatory for personnel travelling/ assigned in Tropical South America or/and Sub-Saharan Africa
Meningitis A & C	Recommended for personnel travelling/ assigned in Western and Central Africa
Diphtheria	Recommended for personnel travelling/ assigned in C.I.S. countries and Eastern Europe travel

Other vaccinations may be necessary depending on the time of travel and destination.

Before travelling consult your own practitioner, and visit the following

Websites for further information.

Centre for Disease Control <http://www.cdc.gov/travel/yb/index.htm>

World Health Organisation <http://www.who.int/ith/en/>